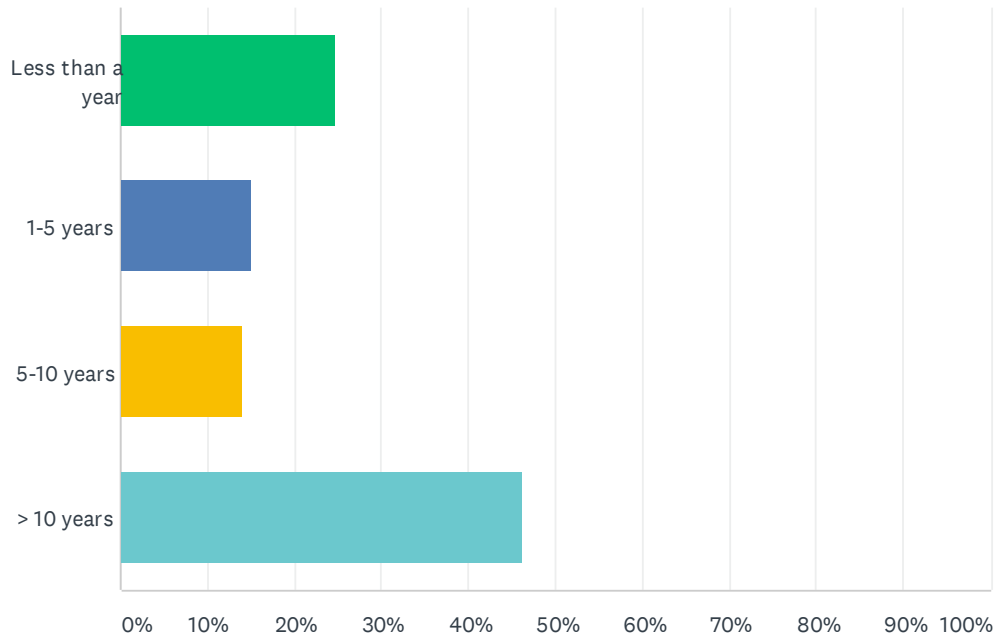


Q1 How long have you been a part of the fellowship?

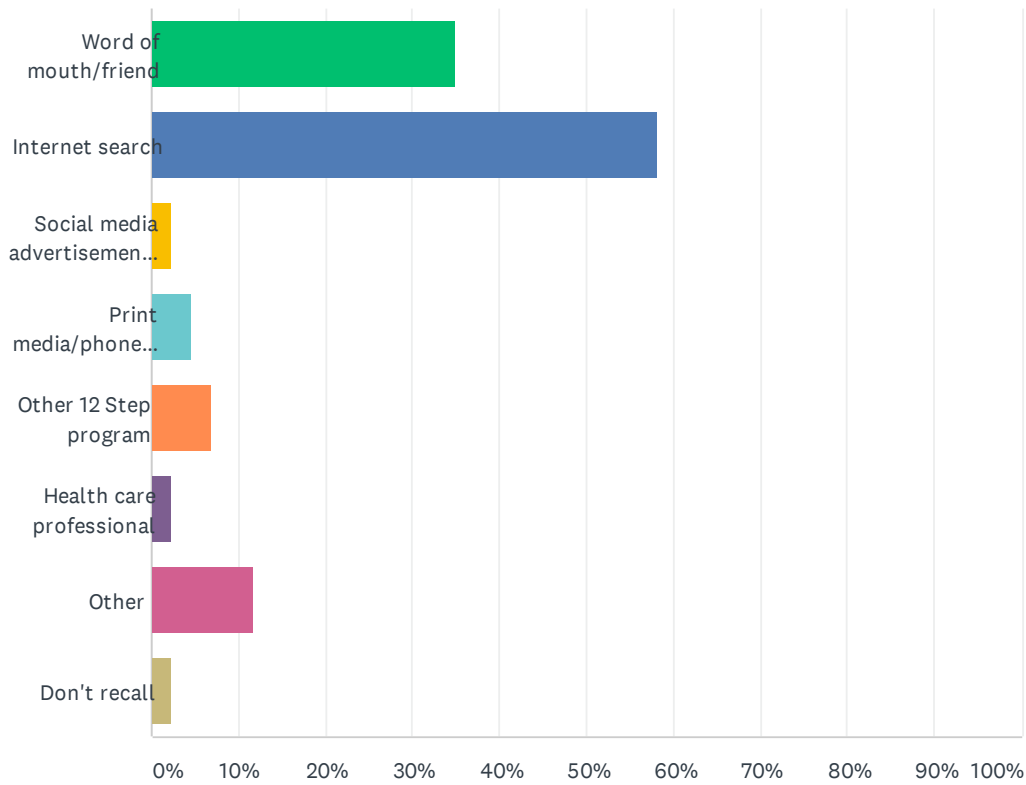
Answered: 93 Skipped: 0



ANSWER CHOICES	RESPONSES	
Less than a year	24.73%	23
1-5 years	15.05%	14
5-10 years	13.98%	13
> 10 years	46.24%	43
Total Respondents: 93		

Q2 If you have joined the OA fellowship within the last 12 months, how did you find the virtual OA meeting you are attending? Check all that apply.

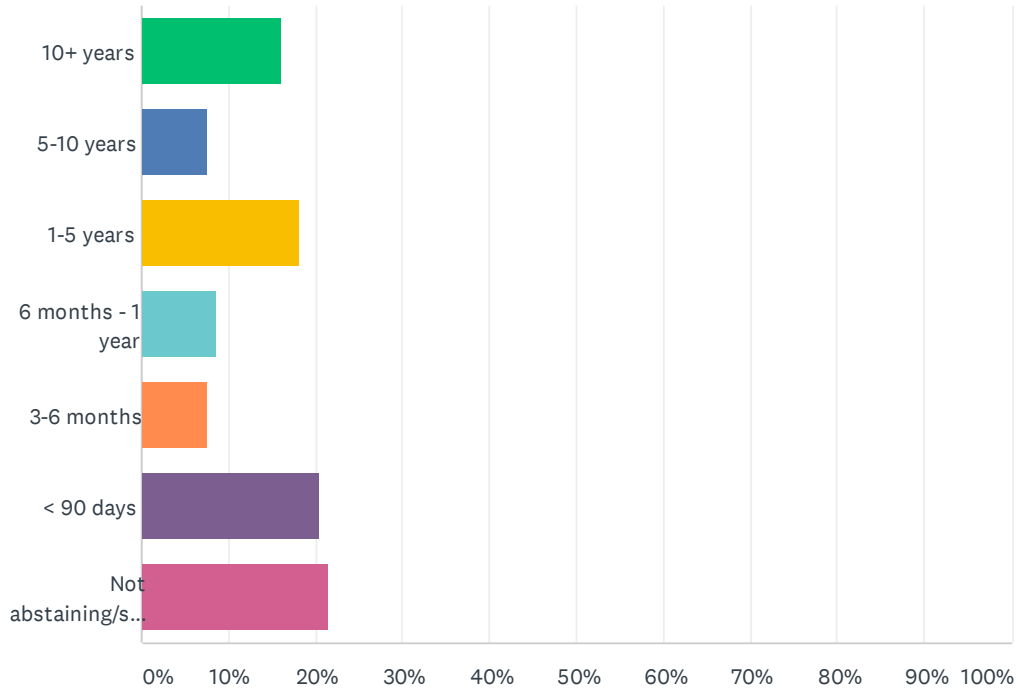
Answered: 43 Skipped: 50



ANSWER CHOICES	RESPONSES	
Word of mouth/friend	34.88%	15
Internet search	58.14%	25
Social media advertisement (Facebook)	2.33%	1
Print media/phone book	4.65%	2
Other 12 Step program	6.98%	3
Health care professional	2.33%	1
Other	11.63%	5
Don't recall	2.33%	1
Total Respondents: 43		

Q3 How long have you been abstinent?

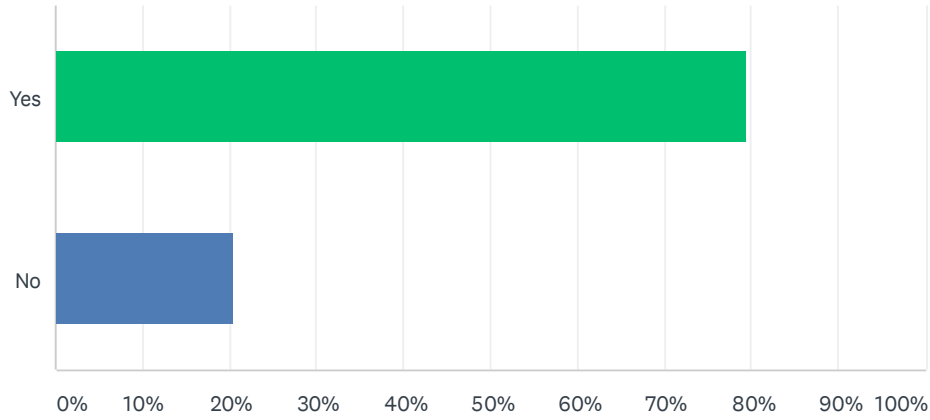
Answered: 93 Skipped: 0



ANSWER CHOICES	RESPONSES	
10+ years	16.13%	15
5-10 years	7.53%	7
1-5 years	18.28%	17
6 months - 1 year	8.60%	8
3-6 months	7.53%	7
< 90 days	20.43%	19
Not abstaining/struggling	21.51%	20
Total Respondents: 93		

Q4 Do you currently work with a sponsor?

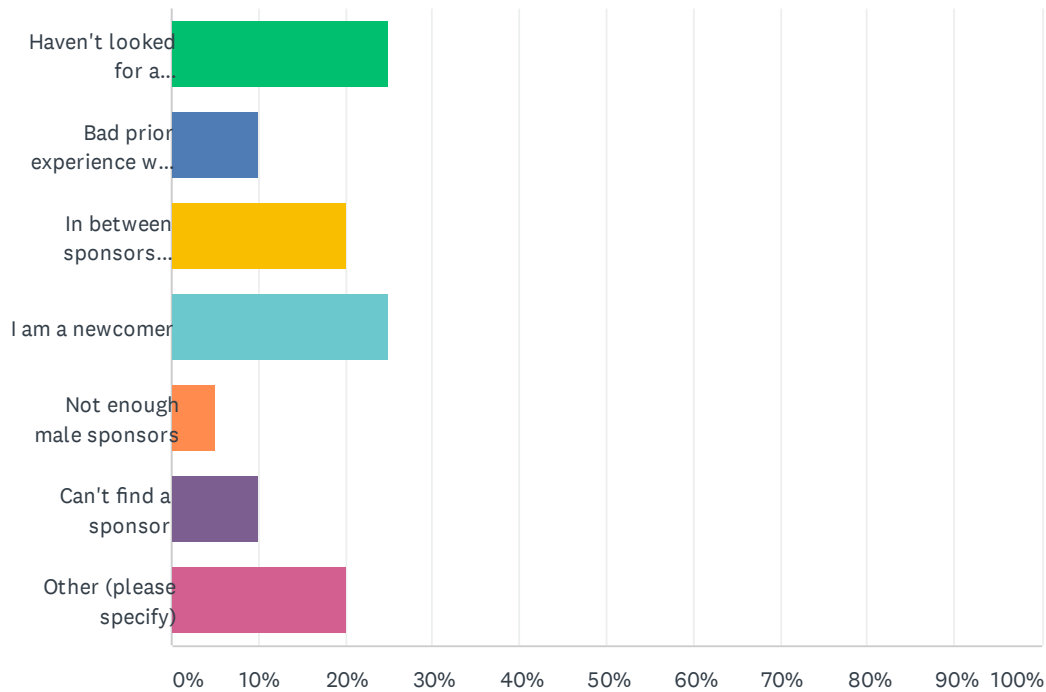
Answered: 93 Skipped: 0



ANSWER CHOICES	RESPONSES	
Yes	79.57%	74
No	20.43%	19
Total Respondents: 93		

Q5 If you are not working with a sponsor, what is the reason? Check all that apply.

Answered: 20 Skipped: 73

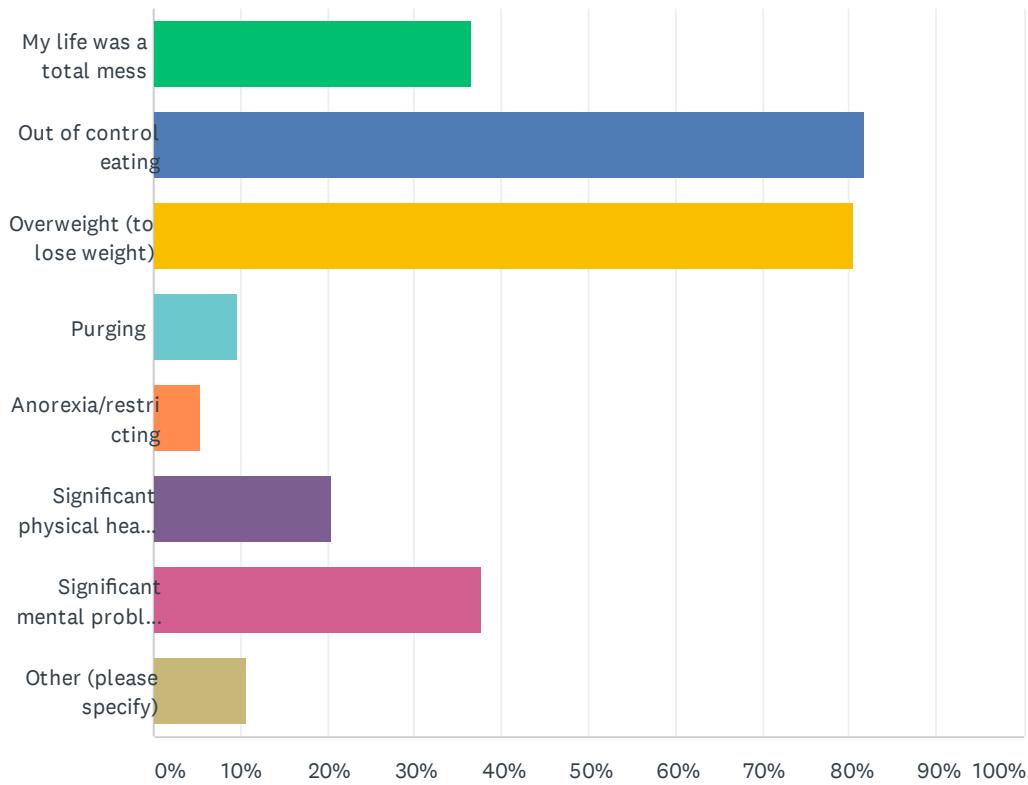


ANSWER CHOICES	RESPONSES
Haven't looked for a sponsor/not willing	25.00% 5
Bad prior experience with a sponsor	10.00% 2
In between sponsors (searching for one)	20.00% 4
I am a newcomer	25.00% 5
Not enough male sponsors	5.00% 1
Can't find a sponsor	10.00% 2
Other (please specify)	20.00% 4
Total Respondents: 20	

#	OTHER (PLEASE SPECIFY)	DATE
1	Sponsor I had died. While looking for a new one, I was told that since I have many years of abstinence, sponsoring others can suffice as a substitute for working with a sponsor.	5/3/2021 8:01 PM
2	I have not kept in touch	5/1/2021 11:00 AM
3	I have a sponsor	4/25/2021 10:15 AM
4	Had trouble locating available sponsor list. Emailed local oa and never received a response.	4/25/2021 10:11 AM

Q6 What are the primary reasons that you came to OA? Check all that apply.

Answered: 93 Skipped: 0



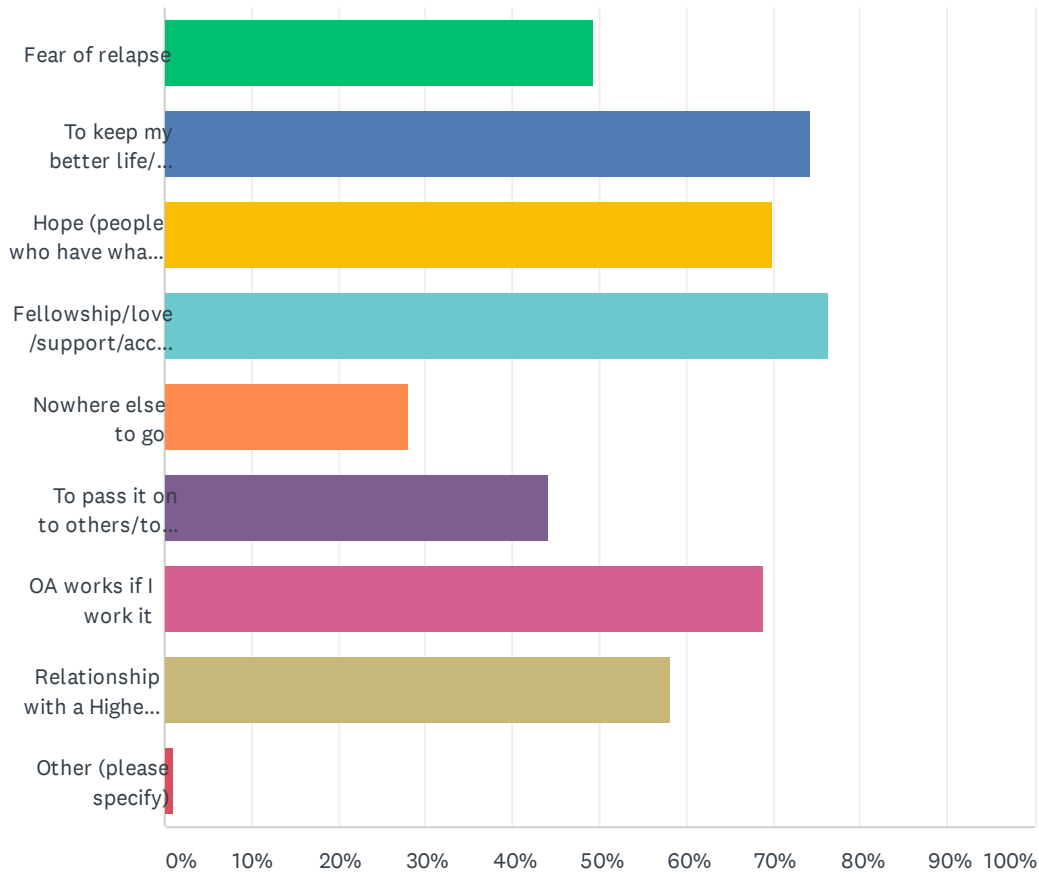
ANSWER CHOICES	RESPONSES	
My life was a total mess	36.56%	34
Out of control eating	81.72%	76
Overweight (to lose weight)	80.65%	75
Purging	9.68%	9
Anorexia/restricting	5.38%	5
Significant physical health problems (high blood pressure, diabetes, joint pain, etc.)	20.43%	19
Significant mental problems (depression, anxiety, etc.)	37.63%	35
Other (please specify)	10.75%	10
Total Respondents: 93		

#	OTHER (PLEASE SPECIFY)	DATE
1	Because I am a food addict	5/6/2021 7:07 AM
2	Each time I binged I took it out on others and felt like a piece of crap.	5/3/2021 2:08 PM
3	Type 2 diabetes control and progression stopping	5/1/2021 11:27 AM

4	It was just time	4/28/2021 7:31 AM
5	fear of regaining weight after going on a low calorie diet	4/26/2021 7:54 AM
6	Spiritually bereft	4/25/2021 10:24 PM
7	Failed bariatric surgeries	4/25/2021 4:15 PM
8	Relationship	4/25/2021 1:47 PM
9	Fear	4/25/2021 11:16 AM
10	I was looking for a stronger spiritual experience	4/25/2021 9:29 AM

Q7 What has kept you coming back to OA? (check all that apply)

Answered: 93 Skipped: 0

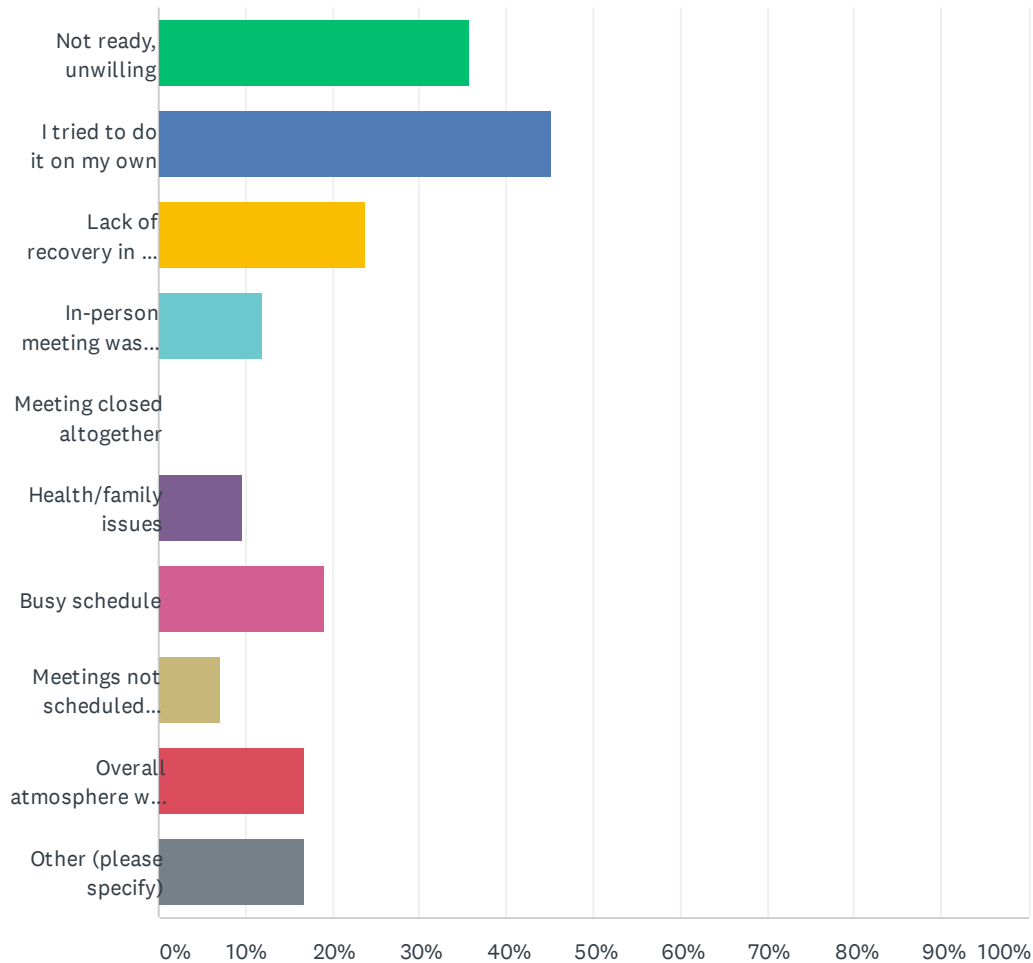


ANSWER CHOICES	RESPONSES
Fear of relapse	49.46% 46
To keep my better life/12 Steps way of life	74.19% 69
Hope (people who have what I want)	69.89% 65
Fellowship/love/support/acceptance	76.34% 71
Nowhere else to go	27.96% 26
To pass it on to others/to give back	44.09% 41
OA works if I work it	68.82% 64
Relationship with a Higher Power	58.06% 54
Other (please specify)	1.08% 1
Total Respondents: 93	

#	OTHER (PLEASE SPECIFY)	DATE
1	Spiritual practice based on action coming from love-	4/28/2021 7:31 AM

Q8 If you have ever stopped participating as an OA member for any reason other than RELAPSE, what were those reasons? (check all that apply)

Answered: 42 Skipped: 51

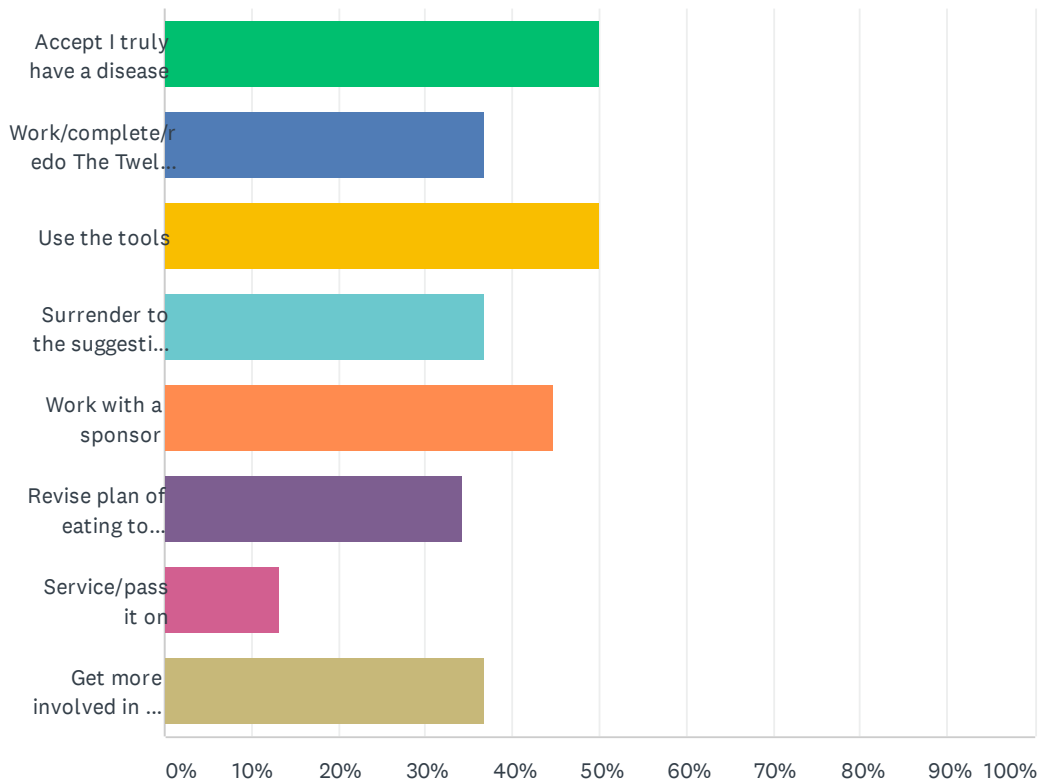


ANSWER CHOICES	RESPONSES	
Not ready, unwilling	35.71%	15
I tried to do it on my own	45.24%	19
Lack of recovery in my meeting(s)	23.81%	10
In-person meeting was disrupted by the pandemic	11.90%	5
Meeting closed altogether	0.00%	0
Health/family issues	9.52%	4
Busy schedule	19.05%	8
Meetings not scheduled during a time I'm free	7.14%	3
Overall atmosphere was depressing or lacked hope	16.67%	7
Other (please specify)	16.67%	7
Total Respondents: 42		

#	OTHER (PLEASE SPECIFY)	DATE
1	Meetings attended were all about how the program has worked so well for them, virtually no information about what the program actually IS.	5/2/2021 2:14 PM
2	homebound before pandemic	4/30/2021 7:08 AM
3	Today was my first meeting	4/28/2021 7:52 PM
4	Personalities before principles.	4/26/2021 2:14 PM
5	Thank you God I have never stopped ODAAT	4/25/2021 3:55 PM
6	person over personality	4/25/2021 1:47 PM
7	N/A	4/25/2021 10:15 AM

Q9 If you are in RELAPSE, what is the most important thing you need to do to get out of it?

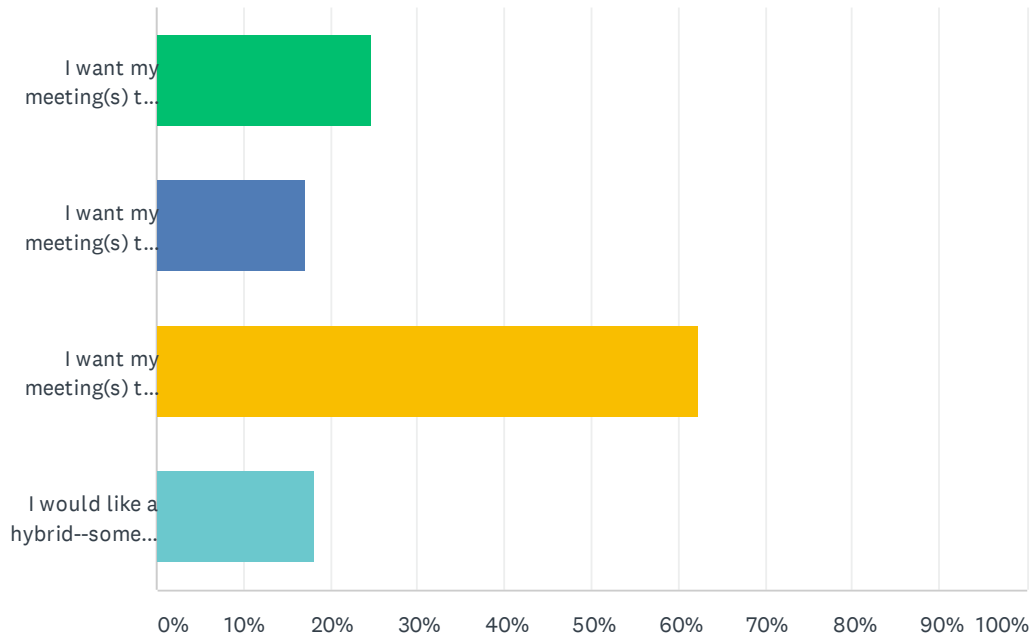
Answered: 38 Skipped: 55



ANSWER CHOICES	RESPONSES	
Accept I truly have a disease	50.00%	19
Work/complete/redo The Twelve Steps	36.84%	14
Use the tools	50.00%	19
Surrender to the suggestions of the 12 Step program	36.84%	14
Work with a sponsor	44.74%	17
Revise plan of eating to eliminate a trigger	34.21%	13
Service/pass it on	13.16%	5
Get more involved in the fellowship/don't isolate	36.84%	14
Total Respondents: 38		

Q10 Since the pandemic, virtual meetings have replaced in-person meetings (with few exceptions). After the pandemic subsides, what do you want to see as far as meeting location?

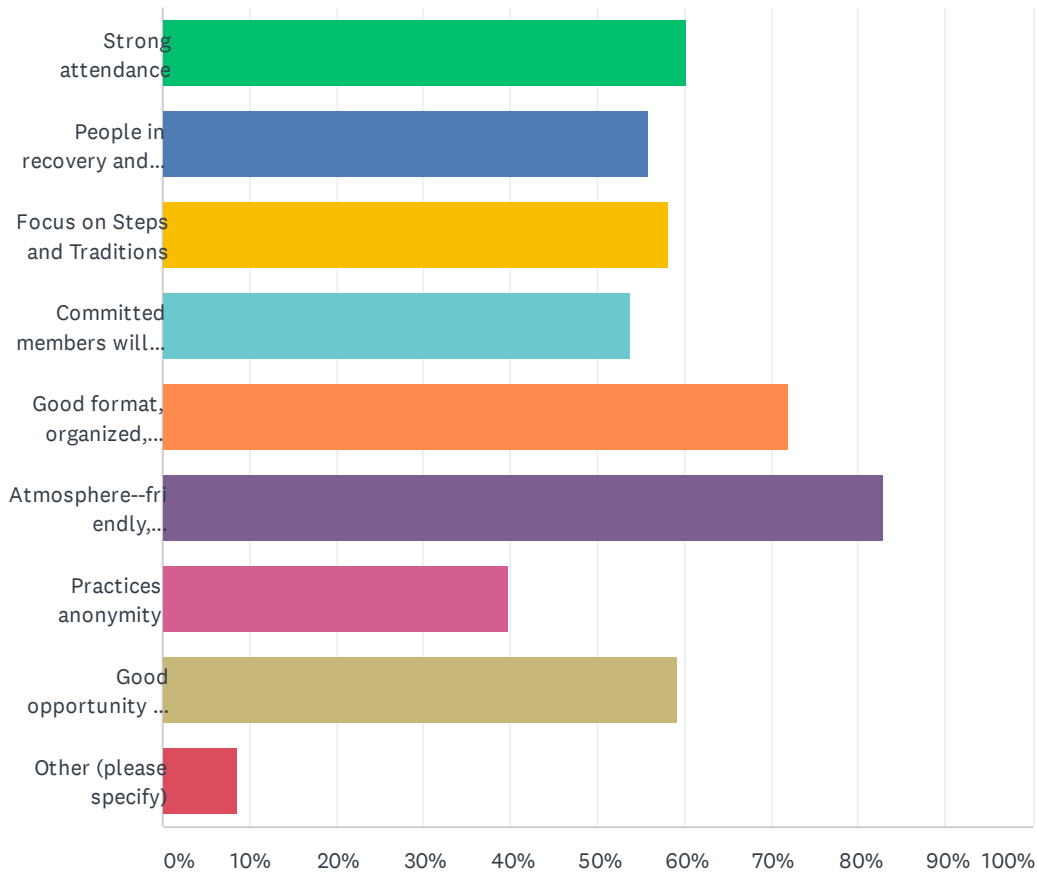
Answered: 93 Skipped: 0



ANSWER CHOICES	RESPONSES	
I want my meeting(s) to remain virtual	24.73%	23
I want my meeting(s) to return to in-person	17.20%	16
I want my meeting(s) to offer both in-person and virtual options at the same time.	62.37%	58
I would like a hybrid--some weeks in-person and some weeks virtual	18.28%	17
Total Respondents: 93		

Q11 What do you see as your home meeting's strengths? A home meeting is one you attend regularly and know many of the other regular attendees. Select all that apply.

Answered: 93 Skipped: 0

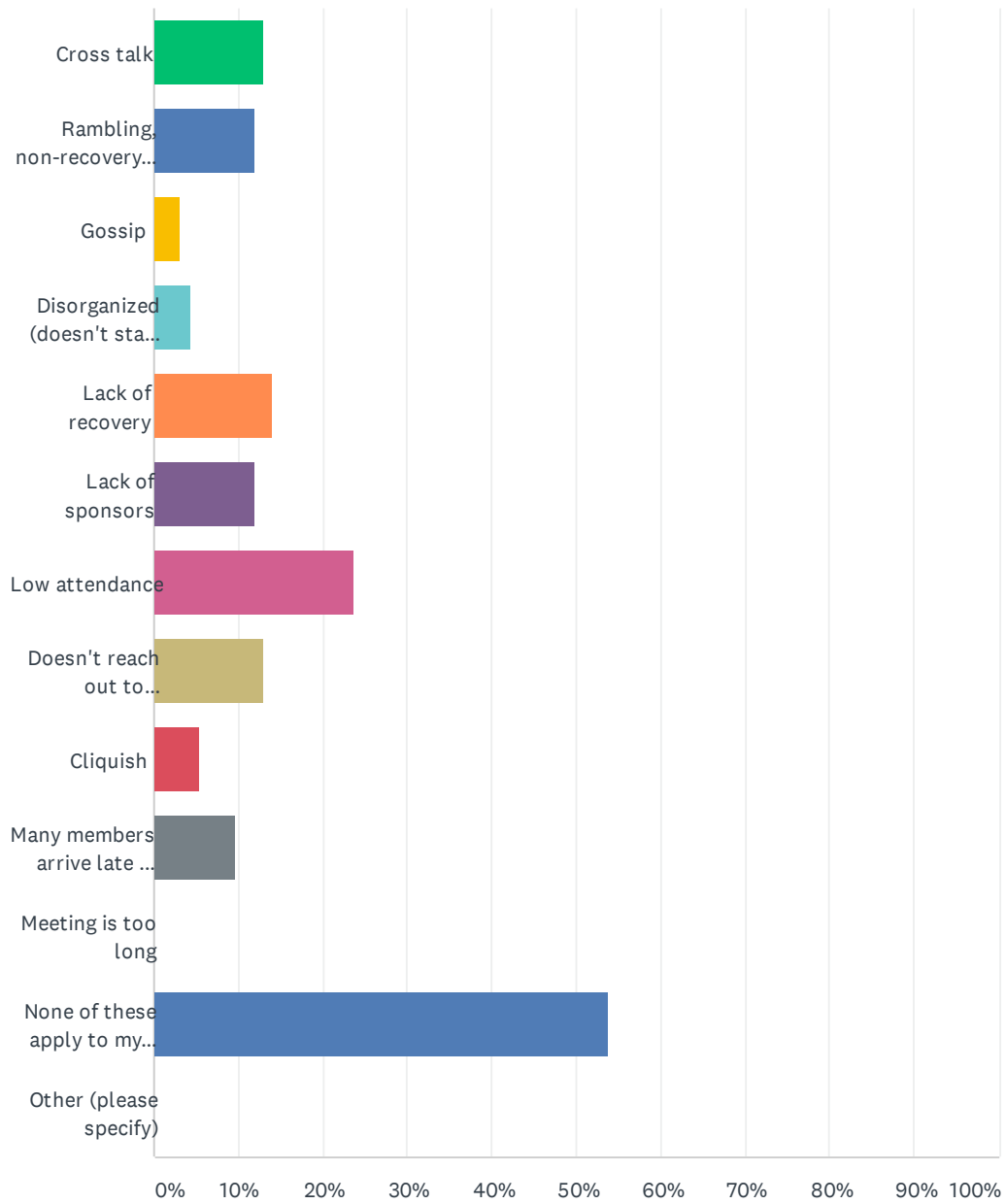


ANSWER CHOICES	RESPONSES	
Strong attendance	60.22%	56
People in recovery and available to sponsor	55.91%	52
Focus on Steps and Traditions	58.06%	54
Committed members willing to do service	53.76%	50
Good format, organized, starts on time, focuses on recovery topics	72.04%	67
Atmosphere--friendly, accepting, supportive	82.80%	77
Practices anonymity	39.78%	37
Good opportunity to share	59.14%	55
Other (please specify)	8.60%	8
Total Respondents: 93		

#	OTHER (PLEASE SPECIFY)	DATE
1	I don't have one	5/6/2021 7:17 AM
2	Not sure	5/5/2021 9:37 AM
3	Attendance is not the same as needing a huge number of people. A small group offers intimacy that I value.	5/3/2021 2:08 PM
4	The meeting is so positive and people are so loving and welcoming.	4/30/2021 7:16 AM
5	human contact, f2f relationships.	4/30/2021 7:08 AM
6	Close to my home	4/26/2021 10:00 AM
7	My home meeting is now in CA. I find more people there who are abstinent and working steps.	4/25/2021 2:50 PM
8	Loyalty	4/25/2021 11:16 AM

Q12 What do you see as your home meeting's weaknesses? Select all that apply.

Answered: 93 Skipped: 0

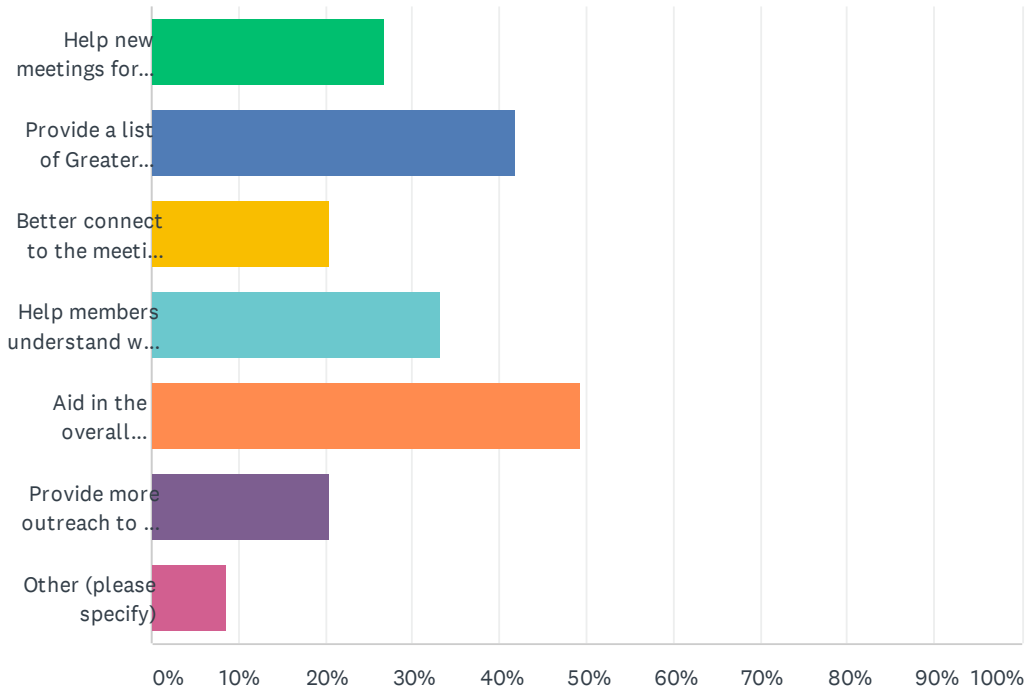


ANSWER CHOICES	RESPONSES	
Cross talk	12.90%	12
Rambling, non-recovery focused discussion	11.83%	11
Gossip	3.23%	3
Disorganized (doesn't start on time, consistently adhere to format, etc.)	4.30%	4
Lack of recovery	13.98%	13
Lack of sponsors	11.83%	11
Low attendance	23.66%	22
Doesn't reach out to newcomers	12.90%	12
Cliquish	5.38%	5
Many members arrive late or don't give service	9.68%	9
Meeting is too long	0.00%	0
None of these apply to my home meeting; I don't think we have any significant weaknesses to address.	53.76%	50
Other (please specify)	0.00%	0
Total Respondents: 93		

#	OTHER (PLEASE SPECIFY)	DATE
	There are no responses.	

Q13 The Intergroup exists to be of service to the Greater Cincinnati-area affiliated meetings. As the pandemic continues, what services would be most important to help the fellowship and support the meetings as they currently operate?

Answered: 93 Skipped: 0



ANSWER CHOICES	RESPONSES
Help new meetings form and get started.	26.88% 25
Provide a list of Greater Cincinnati area-located sponsors	41.94% 39
Better connect to the meetings by helping them to identify and gain active participation of meeting representatives at the monthly Intergroup business meeting.	20.43% 19
Help members understand what the Intergroup is providing with instructional materials or discussions.	33.33% 31
Aid in the overall communication among our area members and groups so we feel more part of the fellowship since the pandemic has limited gathering in-person	49.46% 46
Provide more outreach to the outside (health care professionals, etc.)	20.43% 19
Other (please specify)	8.60% 8
Total Respondents: 93	

#	OTHER (PLEASE SPECIFY)	DATE
1	Ensure virtual meetings continue	5/3/2021 1:31 PM
2	none at this time	5/3/2021 8:12 AM
3	Intergroup does a fabulous job Thanks for ur commitment of service	5/1/2021 8:46 AM

4	primary purpose is to carry the message.	4/30/2021 7:08 AM
5	Help meetings navigate transition back to in-person and/or staying virtual.	4/29/2021 8:24 PM
6	N/A	4/26/2021 9:34 AM
7	Have a speakers list that can only be obtained by apply for it through Intergroup. I just did this for our meetings and was sent a list from Sacramento Valley Intergroup. If all groups were registered on the WSO website the attendance and message is able to reach more fellows.	4/25/2021 3:55 PM
8	List of speakers Sharing information about workshops, not just those in our area	4/25/2021 9:51 AM

Q14 The Intergroup has a year of Special Events planned that involve many topics related to recovery and the fellowship (<http://www.cincinnati.aa.org/events--holidays.html>). If you don't see a topic(s) you would like covered, please specify.

Answered: 11 Skipped: 82

#	RESPONSES	DATE
1	Nothing	5/5/2021 9:37 AM
2	none at this time	5/3/2021 8:12 AM
3	PIPO.	4/30/2021 7:08 AM
4	How it works as it relates to tools.	4/27/2021 8:01 PM
5	Struggling with Abstinence	4/26/2021 10:00 AM
6	Importance of service from all fellows no matter how small. Working with others.	4/25/2021 3:55 PM
7	Spiritual,emotional,physical	4/25/2021 1:47 PM
8	Relapse	4/25/2021 11:03 AM
9	N/a	4/25/2021 10:15 AM
10	More on sponsoring Specific traditions HP	4/25/2021 9:51 AM
11	Before retirement, I was licensed to teach writing workshops. These were geared around personal development and growth. I would be willing to offer my services - dependent upon approval from intergroup - to do a workshop.	4/25/2021 9:29 AM

Q15 If there is anything else you would like to share to help us be of more service and continue to help spread the message, please let us know here. Thank you for taking time to complete this survey.

Answered: 22 Skipped: 71

#	RESPONSES	DATE
1	Sponsorship is very important to me.	5/5/2021 9:37 AM
2	none	5/3/2021 8:12 AM
3	Can you email a list of dates as times and locations for local Cincinnati meetings when they open back up again? Thanks	5/2/2021 3:52 PM
4	Thanks for all that u do!!! Keep coming back!	5/2/2021 2:44 PM
5	Members need to quit lying about their commitment.	5/2/2021 1:49 PM
6	Diversity. It would be nice to be a more inclusive program to the BIPOC community.	4/30/2021 7:08 AM
7	It would be really great if there were a working list of OA familiar Nutritionists, Food Addiction familiar Specialists, and other resources of that sort on some sort of call list.	4/30/2021 6:57 AM
8	Thank you for all you do to help our fellowship.	4/29/2021 8:24 PM
9	Thank you for your service!	4/29/2021 7:27 AM
10	Thank you!	4/28/2021 7:31 AM
11	Could the intergroup meetings be recorded for later viewing? Sundays not working	4/26/2021 10:00 AM
12	You (Cincinnati OA) do a wonderful job of offering service, being welcoming to newcomers, being organized, healthy focus on recovery and 12 steps... just everything. That's why I found you and have stayed!	4/26/2021 9:34 AM
13	Intergroup doing a great job. The virtual meetings are great and attention to security feels good.	4/25/2021 7:29 PM
14	I am SO thankful for the Tuesday night "Acceptance is the Answer" meeting at 7pm and the Friday morning Big Book study at 6:15 am. I found my sponsor, recovery, and higher power in those rooms. You all saved my life.	4/25/2021 5:22 PM
15	Have a short presentation at all CIG meetings virtual by those familiar with zoom hosting. This will help put fellows at ease and learn to do it. It will free up the format reader and allow more to serve. Maybe a host list like the speaker list. Then meetings can get them ahead of time for the meeting. Thank you for ALL YOUR SERVICE.	4/25/2021 3:55 PM
16	I appreciate you having the survey!! I realize my answer to q 9 was probably not helpful, but ALL the options have helped me at various times.	4/25/2021 2:36 PM
17	I wish you great success with this survey. OA has been a major blessing in my life.	4/25/2021 1:48 PM
18	I've been in the program since 1989. I've held different positions. I'm still active member. I have tried my best to connect to those that were attended my meetings since I keep old phone list. Now on cell phone. It is all I'm able to do now	4/25/2021 1:47 PM
19	N/a	4/25/2021 10:15 AM
20	Every meeting should have representation at the meetings Ways to use funds to support meetings--like providing pamphlets	4/25/2021 9:51 AM
21	Since the pandemic I have greatly reduced my attendance at meetings. At first when I thought the virtual meetings would just be temporary I was okay with it. Then several meetings I attended announced that they would remain virtual for good. This information, coupled with the	4/25/2021 9:40 AM

fact that I am online all day in my job, has brought me to a standstill on meeting attendance all together.

22	There was a workshop last year on the tools that I missed, and I see it's offered in May. I'd really like to attend that, but Sundays are pretty full for me. Is there a chance to have it at a different time or day of the week?	4/25/2021 9:29 AM
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