

Preliminary Agenda

Friday, October 15, 2010

3 PM Registration Opens
8 PM Grand Opening

Saturday, October 16, 2010

7 AM Morning Meditation Session
8 AM Registration continues
8:30 AM Meetings/Workshops Begin
6 PM Banquet / Speaker / Dance
8 PM Meeting/Speaker

Sunday, October 17, 2010

7 AM Morning Meditation Session
8 AM Meetings/Workshops Begin
11 AM Closing
Noon Adjourn

Registration Due: August 31, 2010

After this date, you **MUST** register at the Convention. Registration can be transferred to another person, but cannot be refunded

If you want confirmation of your registration by US Mail, please include a self-addressed stamped envelope with your completed registration form and check.

Questions?

convention@region5oa.org
Or call
Frank 734-426-0643

Registration

Two ways to register!

1. Register online at www.region5oa.org. Payment through PayPal or by major credit card
2. Mail this form (one form per person)
 - Fill out and detach this section.
 - Write US check or money order payable to: **OA Region 5**. Do not send cash.

Mail to:

Greater Ann Arbor IG
P. O. Box #7836,
Ann Arbor, Michigan
48107-7836

Name: _____
Address: _____
City: _____
State/Province: _____
Zip: _____
Daytime Phone: _____
e-mail: _____

All confirmation material will be e-mailed to you unless you indicate otherwise.

If you want confirmation of your registration by US Mail, please include a self-addressed stamped envelope with your completed registration form and check.

What name would you like on your badge?

Convention and banquet* \$85
This applies to pre-registrations only,
Received by deadline date

Banquets not guaranteed after deadline date

All entrées include salad, roasted seasonal vegetables, brown rice, whole wheat rolls, and fresh fruit cup

Please select one entrée option.

- Chicken
- Fish
- Vegetarian

Convention only (\$65 at the door) \$55
Friday only \$20
Saturday only \$40

Additional banquet* tickets Qty: ___ x \$35
 Chicken
 Fish
 Vegetarian

Bridge to Recovery Pin \$3 x ___ = \$___

Donation to the Scholarship Fund \$___

Total Enclosed \$___

*No substitutions, please

(Over)

Service Opportunities

- Registration
- Sell Raffle Tickets
- Timer
- Meeting leader during meal times
- Sell Literature
- Clothing Swap
- Hospitality
- Hugger/Greeter
- Marketplace
- Where Needed

Scholarships

You may request a scholarship for any portion up to the full cost of registration. Scholarships do not cover banquet, rooms or other expenses.

Would you like to apply for a scholarship?
Yes \$_____ ('first come basis' – apply early)

Recipients will be notified by the registrar.

Scholarship recipients are asked to perform service at the convention in a capacity that matches his/her abilities. Please indicate the type of service you are willing to provide in the Service Opportunities section (above).

Registration Deadline: August 31, 2010

If you volunteered to speak or provide service, Opportunities are available from noon Friday until noon Sunday.

1. Please indicate your arrival/departure times so that we may schedule you accordingly.

- Friday _____
- Saturday _____
- Sunday _____

2. Please provide your cell phone number in case we need to contact you at the convention:

Speaker

One year of current abstinence is required.
Please indicate topic preferred and current continuous abstinence date : _____

- Abstinence
- Abstinent While Traveling
- Acceptance
- Black Members Share their Experience, Strength and Hope
- Body Image
- Emotional Recovery
- Fear and Resentment
- Forgiveness
- Maintenance:
- Men in OA
- Physical Recovery and the Disease Concept—The Doctors Opinion
- Relapse Prevention, Recovery after Relapse
- Online/Virtual meetings and recovery
- Remaining Abstinent in Crisis
- Same Disease, Different Symptoms (*Bulimia/Anorexia Focus*)
- Self-care
- Sponsorship
- The 12 Steps
 - ___ Steps 1, 2, 3
 - ___ Steps 4, 5
 - ___ Steps 6, 7
 - ___ Steps 8, 9
 - ___ Steps 10, 11, 12
- The 12 Traditions
- Other _____



Convention

**Hosted by Ann Arbor, Greater Detroit,
and SW Ontario Intergroups**

October 15 - 17, 2010

Please make hotel reservations directly with
Doubletree Dearborn.
5801 Southfield Freeway
Detroit MI 48228
Phone: 1(313) 336-3340
1(800) 222-8733
www.dearborn.doubletree.com

mention group code **OAR**

OA's special group rate **until September 15, 2010** is \$109.00 per room. Rooms with refrigerators are \$10 extra nightly - quantities are limited.

Some hotel amenities include :

Wireless high-speed Internet access, fitness center, free parking, indoor pool, hot tub, exercise room, coffeemaker, business center.